

Enrichment Program For Children with Diff Abilities

Grades K-5 Begins March 6



Presented by the Paramus Recreation Commission
with a generous donation from the
Paramus Children's Health Foundation

THE PARAMUS
CHILDREN'S
HEALTH
FOUNDATION

The Paramus Recreation Commission is offering an affordable enrichment program for Paramus children in Grades K-5 with diff abilities. What does diff abilities mean? Diff abilities is a term used by some organizations, including the Special Olympics, in an effort to remove the negative connotation of "dis"abilities and focus on the skills and abilities that every individual has.

Program Format

This program will feature a multidisciplinary curriculum allowing children to experience a wide variety of activities. This program was created by and will be overseen by speech pathologist Barbara Anderson. Each class meeting will feature three components: 1) Creative therapy: such as drama or music, with a qualified instructor; 2) A wellness segment such as baseball, gymnastics or karate taught by an instructor who specializes in the activity; 3) Pet therapy with certified therapy dogs and their handlers. Throughout each session, the children will rotate approximately every thirty minutes so they can experience each component. The specific activities mentioned above are for illustrative purposes, other activities may be added or substituted as necessary. Participants must be accompanied by an adult capable of assisting the child (if necessary). For specific questions pertaining to this program please contact Barbara Anderson at speechgirl122@gmail.com.

Program Details

Dates: March 6, 13, 20, 27, Apr 10, 17, 24, May 1, 8, 15 (no class Apr 3)

Time: Tuesdays from 4:00-5:30pm

Location: Ridge Ranch School

Rain: Some activities may be held outside, rather than cancel, a suitable alternative will be held indoors.

Cost: \$65 per child thanks to the generous donation by the Paramus Children's Health Foundation.

How to Register

Registrations are accepted online or in person. In-person registrations are accepted at the Recreation office between the hours of 1:00-4:00pm on weekday afternoons. Online, please look for the program titled "Enrichment Program for Children with Diff Abilities" under Spring 2018. New registrants will be required to register in person and show proof of residency and a birth certificate for the child.

Registration will begin Feb 1st

What is the Paramus Children's Health Foundation?

The foundation provides financial support to families of children who suffer from a severe illness or injury that results in economic hardship, and to support programs and projects to benefit the children of Paramus.

Join the Paramus Children's Health Foundation on March 2 for their annual Harlem Wizards vs Paramus All-Stars fundraiser. It would be a great opportunity to thank the PCHF for their support of our programs. The event features a fun basketball game with trick shots and audience participation.

To purchase tickets, email marty.diamond@ubs.com.

Advance tickets are \$12 or \$15 at the door.

Note: This is not a Paramus Public School sponsored event.

Questions? Interested in volunteering to help? Email recdepartment@paramusborough.org or call 201-265-9321