

MINUTES OF THE REGULAR MEETING OF THE BOARD OF HEALTH of the Borough of Paramus held on February 25, 2019 at the Paramus Borough Hall.

The meeting was called to order by President Nazziola at 8:05 pm.

ROLL CALL

Present: Dr. Nazziola, Mr. Javed, Dr. Kyriakakis, Ms. Uzzi (By phone)

Absent: Dr. Ahmed

Also Present: Mrs. Migliaccio, Council Liaison MariaElena Bellinger

PUBLIC MEETINGS ACT

In accordance with the Public Meetings Act, adequate notice of this meeting has been provided by mail to THE RECORD and filed with the Borough Clerk on January 2, 2019.

AGENDA

Reading of the Agenda by Secretary, Judith Migliaccio.

APPROVAL OF MINUTES

Moved by Mr. Javed and seconded by Dr. Kyriakakis that the Minutes of the meeting of January 28th be approved as circulated.

Motion was approved.

CORRESPONDENCE

Dr. Nazziola asked for discussion on the correspondence:

2019 Board member's contact information.

Letter from the County to Mrs. Migliaccio requesting tick-borne and mosquito-borne disease cases in our jurisdiction.

Press Release/Free Blood Pressure screening dates in February at Borough Hall.

Community Health Improvement Partnership of Bergen County (CHIP) Invoice for \$750.00.

Moved by Mr. Javed and seconded by Ms. Uzzi that the Correspondence be approved as submitted.

Motion was approved.

STAFF REPORT

Dr. Nazziola asked for comments on the Health Officer's Annual Report for 2018.

Mrs. Migliaccio then introduced the 2018 Annual Report and briefly reviewed the focal points of the report.

We held our Annual "Wear Red Day" breakfast in February in an effort to raise awareness for cardiovascular disease which continues to be the number one health threat for women. This year we included a breakfast for the men as well to create an awareness for colon cancer which we called "Go Blue" in line with Valley's program, creating screenings in several locations.

The 6th annual Paramus weight loss challenge took place on February 27th. 215 residents signed up for the challenge and 194 participated. Out of those that participated 87 people (41%) completed the challenge. We challenged Paramus to lose 600 pounds in 12 weeks but our residents went way passed that number with a total of 722 pounds. I can't say enough about our partners, Valley Hospital and Gold's Gym, and Shop-Rite of Paramus. We are a great team and we are looking forward to our 7th annual challenge this year.

In March, we had several complaints regarding a kiosk in the mall that was selling e-cigs to underage kids. The police and the inspectors along with a volunteer student visited Mint Vapes and the student attempted to purchase a tobacco product and was successful. The inspectors issued a summons which they plead guilty to and shortly after were out of business.

The NJDOH held a poster contest to address the opioid epidemic in NJ. I am happy to report that our staff put together a great poster with the help of the Paramus Police Department (HART program) and took an honorable mention in the contest.

This year for the first time, we were able to provide a free CPR class which took place at the Life Safety building for our employees and residents.

In July, the Governor banned smoking at most of NJ public beaches and parks.

The Stigma Free Task Force is continuing to meet and provide programs and information to residents all over the county. Paramus held a Youth Mental Health First Aid Training this year in April. In August, we had an event at New Bridge Medical Center called "Bridging the Pond". We filled the auditorium at NBMC for both sessions. Our guest, Dan Farnsworth was inspiring as he shared his work on dealing with mental health issues of first responders in Great Britain. We learned a lot from him and he learned from us. He seems very serious about wanting to start a SFZ initiative in his country.

We will be part of his report to Parliament. We started a discussion with friends from Florida who would like to start the initiative along with a rally at the River Dell vs. Paramus Football game at the River Dell stadium. The stigma free initiative here in Bergen County has reached all 70 municipalities. There was a re-dedication for New Bridge Medical Center as a Stigma Free institution, and the belated 5th anniversary celebration of Paramus Stigma Free. We had a very successful annual Stigma Free Symposium this year at Biagio's where students and teachers from across the county shared their programs with us. This all started with our very own Mary Ann Uzzi who initiated the program in Paramus, making it the first in the county. Thank you Mary Ann!

A Skin Cancer Screening took place at the Paramus Pool where 43 residents were screened and 19 were referred to their doctor for follow up.

Blood Chemistry Screening continues to be successful with a total of 91 residents being screened. In addition to the basic blood screening, PSA, AIC , Thyroid and Vitamin D were also screened.

Bloodborne Pathogen Training for our first responders has been successful. We have been using our Risk Control Company to provide the training sessions and the feedback has been that they are doing an outstanding job. Also, several police officers have opted to come in for Hepatitis B immunizations which are given by our nurses.

Our annual flu immunization program took place in October where we inoculated 251 residents, employees, school staff and volunteers. We are seeing a decline each year in the number of flu shots we administer due to the pharmacies and supermarkets that are now providing this service.

We were able to inoculate 114 dogs and 9 cats with our annual rabies program and the three year licenses that we started a few years ago is working out great. Pet owners who are eligible to receive a three year license are in line with the three year rabies shot.

The Food Pantry's volunteer Task Force, headed by Volunteer Director Debbie Cibelli, underwent some changes this year. This year we partnered with DPW and Planet Aide, a non-profit clothing collection company, placing bins at the DPW recycling center, netting a monthly income averaging about \$90.00 per month to replenish toiletries and paper goods. We are continuing to solicit new community civic and religious organizations to support the pantry. New donors include, Church of the Savior, Christ Lutheran church, the Paramus run and Boy and Girl Scout troops who donate on a regular basis. We have established a relationship with the PHS club, "Neighbors helping Neighbors "to help maintain the garden and run food drives.

We have partnered with the PBOE and purchased \$25 gift cards to Staples for 246 students on the free lunch program. Stony Lane elementary school continues to have one of the largest drives during Thanksgiving and invited us to the feast. They have donated so much during this time. It is so inspiring to see these children give back.

Just recently, the Bergen County Board of Social Services started coming to Paramus the first Thursday of every month to provide services, answer questions and assist in applying for food stamps, NJ Family care and Medicaid.

I am thrilled to have 4 our Board members back this year, and I welcome Dr. Kyriakakis believing he will make an excellent addition to our Board. I am looking forward to a prosperous year filled with awesome programs and continuing partnerships in the community.

All that we do could not be possible without the amazing staff I have. This staff is dedicated and works effortlessly in their respective tasks. They understand the meaning of teamwork and go the extra mile to serve our constituents and do an outstanding job. I am so thankful to have been blessed with this particular staff and they are the reason why the Board of Health shines in this great Borough of Paramus, so I thank you.

Mrs. Migliaccio asked the Board to read over the report at their leisure and discuss it further if need be at the March meeting.

Moved by Mr. Javed and seconded by Dr. Kyriakakis that Mrs. Migliaccio's Annual Report be approved as submitted.

Motion was approved.

COMMITTEE REPORTS

At this time, Dr. Nazziola announced Committee Assignments for the Board members for 2019.

Environmental Health	MaryAnn Uzzi	Chairperson
	Dr. Kyriakakis	Co-chairperson
Administration & Finance.....	Dr. Nazziola	Chairperson
	Mr. Javed	Co-chairperson
Residential Health	Dr. Ahmed	Chairperson
	Dr. Kyriakakis	Co-chairperson
Public Information	Mr. Javed	Chairperson
	Dr. Ahmed	Co-chairperson
Scholarship Committee.....	Dr. Kyriakakis	Chairperson
	Mr. Javed	Co-chairperson

Moved by Mr. Javed and seconded by Dr. Kyriakakis that the Committee Report be approved as submitted.

MEETING OPEN TO THE PUBLIC

Since there was no other public in attendance, the meeting was closed to the public.

NEW BUSINESS

1. Resolution No. 19-2-1 Approval of a contribution to the Bergen County Health Officers' Society to support Public Health Infrastructure in Bergen County.

WHEREAS, the New Jersey Public Health Practice Standards of Performance for Local Boards of Health in New Jersey (Chapter 52, under the Authority of N.J.S.A. 26:1A-15 and 26:3A2-1 et seq.) required that a County-wide Health Assessment be performed in conjunction with a community health partnership and that a Community Health Improvement Plan (CHIP) be produced in accordance with the outcome of the assessment; and

WHEREAS, the Bergen County Health Officers' Society (BCHOS), a non-profit association of Health Officers of Bergen County, which as the purpose of contributing to the improved health, wellbeing and quality of life for all people in Bergen County, assumed a leadership role in the countywide health assessment and the development and implementation of the CHIP, and

WHEREAS, under the leadership of members of the BCHOS, a County-wide Health Assessment was performed and the Bergen County Community Health Improvement Plan was unveiled in September of 2006, and

WHEREAS, the CHIP Committee has established task forces to promote goals and objective for each of the health priorities identified in the CHIP, and

WHEREAS, the local health officers of Bergen County have joined together in Public Health Partnership (PHP) , organized to fulfill the Public Health Practice Standards and strengthen the public health infrastructure for the purposes of protecting and promoting the health of all residents of the County, and

WHEREAS, the Paramus Board of Health is a member of the Public Health Partnership (PHP), which has acted with the BCHOS to recruit 50 leading county organizations for the CHIP Committee

charged with planning and facilitating the health assessment and developing the Community Health Improvement Plan, and

WHEREAS, the Bergen County CHIP Committee and its steering group, the MAPP Core Group (named for Mobilizing for Action through Planning and Partnership, the strategic planning process recommended by the Centers for Disease Control and Prevention and required by the Public Health Practice Standards) have determined that funds are needed to promote the public health priorities identified in the CHIP, and have requested funding from municipal health departments , which are required by law to participate in the process, and

WHEREAS, the MAPP Core Group of the Bergen County Public Health Partnership has suggested a contribution from each health jurisdiction to underwrite budgeted needs, and

WHEREAS, the Bergen County Health Officers' Society, a non-profit 501c3 organization, has established an account to receive the funding.

NOW THEREFORE, BE IT RESOLVED by the Board of Health of the Borough of Paramus, County of Bergen, State of New Jersey, that the Board will remit the sum of seven hundred fifty dollars (\$750) to the Bergen County Health Officers' Society to support Public Health Infrastructure in Bergen County for the year 2019.

Moved by: Mr. Javed

Seconded by: Dr. Kyriakakis

Roll Call Vote: Dr. Nazziola, Yes; Ms. Uzzi, Yes; Mr. Javed, Yes; Dr. Kyriakakis, Yes

Motion was approved.

At this time, CBD infused food products were discussed by the Board.

Mrs. Migliaccio advised that a gentleman came into the Health Department, after going to the Borough Clerk's office to purchase a Business License, to inquire about opening up a store in Paramus Park to sell CBD products. Some of the products were jelly rings, candy, lollipops, drops and topical lotions. CBD is from the Hemp plant, but without the THC. This product is said to be a pain reliever, a stress reliever or a sleep aid, but it is not approved by the FDA, yet is on the shelves in many stores already.

The Board discussed the products and whether they should be allowed to be sold in Paramus. The Board concluded that not enough information is known about the product and that further research needs to be done before they make a decision.

LICENSES AND PERMITS

Resolution No. 19-2-2 Restaurant Licenses – 2019

Moved by Mr. Javed and seconded by Dr. Kyriakakis that the attached Restaurant Licenses Appendix A-FH 111492 through A-FH 111536 be approved.

Motion was approved.

Moved by Mr. Javed and seconded by Dr. Kyriakakis that the attached Food Establishment Licenses Appendix A-FH 111505 through A-FH 111494 be approved.

Motion was approved.

Resolution No. 19-2-3 e-Cigarettes Licenses – 2019

Moved by Dr. Kyriakakis and seconded by Mr. Javed that the attached e-Cigarette Licenses Appendix G-EC 111506 through G-EC 111483 be approved.

Resolution No. 19-2-4 Beauty/Nail Salon – 2019

Moved by Mr. Javed and seconded by Dr. Kyriakakis that the attached Beauty/Nail Salon Licenses I- BNS 111538 through I- BNS 111529 be approved.

Resolution No. 19-2-5 Body Art License – 2019

Moved by Dr. Kyriakakis and seconded by Mr. Javed that the attached Body Art License F-BA 111508 be approved.

Resolution No. 19-2-6 Vending Machine Licenses – 2019

Moved by Dr. Kyriakakis and seconded by Mr. Javed that the attached Vending Machine Licenses Appendix E-VMO 111528 through E-VMO 111485 be approved.

Motion was approved.

ADJOURNMENT

There being no other business to be brought before the Board, upon motion by Dr. Kyriakakis and seconded by Mr. Javed and carried unanimously, the meeting was adjourned at 9:00 pm.

Respectfully submitted,

Judith Migliaccio
Secretary