

MINUTES OF THE REGULAR MEETING OF THE BOARD OF HEALTH of the Borough of Paramus held on March 25, 2019 at the Paramus Borough Hall.

Meeting was called to order at 8:03 pm by President Nazziola.

ROLL CALL

Present: Dr. Nazziola, Dr. Ahmed, Ms. Uzzi (by phone), Mr. Javed, Dr. Kyriakakis

Also Present: Mrs. Migliaccio, Council Liaison Bellinger

PUBLIC MEETINGS ACT

In accordance with the Public Meetings Act, adequate notice of this meeting has been provided by mail to THE RECORD and filed with the Borough Clerk on January 2, 2019.

AGENDA

Reading of the Agenda by Secretary, Judith Migliaccio.

APPROVAL OF MINUTES

Moved by Mr. Javed and seconded by Dr. Kyriakakis that the Minutes of the meeting of February 25th be approved as circulated.

Motions were approved.

NEW BUSINESS

MEETING OPEN TO THE PUBLIC

At this time, 2 visitors introduced themselves. Katherine Lennon and Stephanie Torossian from a franchise company called Wow Mom's World which started in Canada have attended to show the Board the type of business they were hoping to open up in Paramus. It is a multi-service center for families, with swim services, fitness classes, a healthy café, a nursing room and an open play area. The aquatic portion was the main subject that they wanted to present. This is a place where an infant can basically float in a tub with a flotation device on them. There are 2 size tubs, a large and a small. The small one is for a single use for a child 0 to 1 years old. They put a collar on them and they can move around and float observed by a certified instructor. The larger tub is for a child and an adult. (certified instructor) The water is chemically tested for safety. Right now, there are no flotation establishments in New Jersey, therefore they are introducing this to the BOH for their consideration to open one. As of yet there are no regulations from the State regarding this type of flotation establishment. They stated that flotation benefits for children include great relaxation, being able to move their legs for muscular development and the calming of the nervous system. In the larger tub, they can learn to swim with an instructor and learn to float and go underwater. They contacted the State and were told to refer it to the Paramus BOH for their consideration. They showed a 30 second presentation with the larger tub from a Fl. Location.

The Board thanked the girls for their information and closed the meeting to the public.

CORRESPONDENCE

Dr. Nazziola called for discussion on correspondence.

Free BP & Diabetes Screening March 7th & March 20th.

Posters, signs and flyers sent to Mrs. Migliaccio from the State promoting **NJSave**, a new online application to help low-income seniors and individuals with disabilities save money on Medicare premiums, prescription costs and other living expenses.

Letter from Mrs. Migliaccio to LA Fitness regarding a patron who was diagnosed with Legionnaires' disease.

Notice from the NJDOH with an Ebola Virus Outbreak Update in the Democratic Republic of Congo.

Moved by Ms. Uzzi and seconded by Dr. Kyriakakis that the Correspondence be approved as submitted.

Motion was approved.

STAFF REPORTS

Dr. Nazziola asked for discussion on the Health Officer's Report for January and February.

Since February is designated as 'Heart Month', Mrs. Migliaccio stated that our department participated in the American Heart Association's National "Wear Red Day for Women". Red pins were distributed to those who donated. In an effort to raise awareness for cardiovascular disease, which is the number one killer of women, we raised \$275.00 for the Heart Association and offered breakfast to employees who participated.

Mrs. Migliaccio briefly reviewed the Health Assessment statistics that continue by our nurses, which include blood pressures, nurse counseling and follow-ups, immunizations, telephone counseling, communicable disease investigations and a total of 36 schools audited with a total of 2909 records audited performed by our nurses.

There was a flu outbreak in a Senior Residence which was resolved and another Senior Residence advised of the outbreak. Residents in the affected unit were prophylaxed with Tamiflu leading to the outbreak ending on 2/19/19.

A flu outbreak was also reported by one of the Child Care Centers. Information on respiratory outbreaks in schools and general guidelines were sent to all schools. The NJDOH was notified and updated daily. Notified by the State, another Child Care Center was experiencing a Gastroenteritis outbreak. NJDOH was notified as several children and 1 staff member became ill. Information about cleaning products was sent to the facility and updates given on a daily basis and shared with the NJDOH Communicable Disease Service. All Elementary and Middle school nurses received guidelines for spacing of Hep B immunizations for children born on or after January 1, 2008.

HEALTH EDUCATION

The 7th Annual Paramus Weight Loss Challenge began March 9th sponsored by the Board of Health, the Mayor's Wellness Campaign along with Valley Hospital, Gold's Gym and Shop-Rite. The goal this year is to lose 800 pounds in twelve weeks. We have so far registered over 200 participants.

Continuing is the beginner's running program and a "Walk with the Mayor". Many events are planned including meal planning basics and body fat analysis at Shop-Rite, support groups at Valley, lectures and work outs also included and this year we added a buddy work out system so that participants can work out with a partner.

March is Colon Cancer Awareness Month. Valley Hospital and the BOH will open up the conversation about colon cancer and prevention. March 14th, the PGA Tour Store will host an evening of education and friendly competition.

March 27th, Valley will sponsor a panel discussion from the Endoscopy Dept., Employee Health, Valley Dining, Genetic Counseling, Respiratory Care, Oncology, Pharmacy and the American Cancer Society to learn more about the prevention and detection of colon cancer.

On Feb. 19th, New Bridge Medical Hospital Center, formerly Bergen Regional will be sponsored a lunch entitled "Lowering Cholesterol For Your Heart" with Dr. Joseph Daoko.

Animal Control had 25 calls, 22 animals handled and 2 emergency calls.

REHS's have been very busy completing 154 food establishment inspections and inspected 86 vending machines. They also handled 15 complaints and reviewed 10 plan reviews.

They continue pool water sampling for public pools and investigate animal bites on a daily basis.

There were many embargos, condemnations and voluntary destruction of a great deal of food at several food establishments along with many emergency calls and abatement notices to establishments for a variety of reasons.

Mrs. Migliaccio briefly reviewed the Deputy Registrar's report for January and February with statistics on food handling licenses, vending machines, electronic cigarette devices, beauty salons, pet shops, plan reviews, vending, dog and cat licensing and vital statistics transactions for death and marriage, bringing in \$97,059.00 to date.

Moved by Mr. Javed and seconded by Dr. Kyriakakis that the Health Officer's report for January and February 2019 approved as submitted.

Motion was approved.

COMMITTEE REPORTS

The Board briefly discussed the Scholarship Program and the process by which 2 students are chosen.

OLD BUSINESS

An applicant who wanted to open a kiosk to sell CBD products decided not to open in Paramus.

NEW BUSINESS

There was a brief discussion to amend an ordinance to include a \$5.00 fee for replacement dog/cats tags. The Board decided that a fee was in order for lost dog/cat licenses and an amendment of the Ordinance will be written and proposed.

LICENSES AND PERMITS

Resolution No. 19-3-1 Foodhandling Licenses – 2019

Moved by Mr. Javed and seconded by Dr. Kyriakakis that the attached Restaurant Licenses Appendix A-FH 111555 through A-FH 111549 be approved.

Moved by Dr. Ahmed and seconded by Dr. Kyriakakis that the attached Food Establishment Licenses Appendix A-FH 111547 through A-FH 111548 be approved.

Motion was approved.

Resolution No. 19-3-2 Vending Machine Licenses - 2019

Moved by Dr. Kyriakakis and seconded by Mr. Javed that the attached Vending Machine Licenses Appendix E-VMO 110979 through E-VMO 110986 be approved.

Motion was approved.

Resolution No. 19-3-3 e-Cigarettes – 2019

Moved by Dr. Kyriakakis and seconded by Mr. Javed that the attached e-Cigarette License Appendix G-EC 111550 be approved.

Resolution No. 19-3-4 Beauty/Nail Salon – 2019

Moved by Mr. Javed and seconded by Dr. Lyriakakis that the attached Beauty/Nail Salon Licenses Appendix I-BNS 111554 and I-BNS 111546 be approved.

Motion was approved.

ADJOURNMENT

There being no other business to be brought before the Board, upon motion by Dr. Kyriakakis and seconded by Mr. Javed and carried unanimously, the meeting was adjourned at 9:15 pm.

Respectfully submitted,

Judith Migliaccio
Secretary