

MINUTES OF THE REGULAR MEETING OF THE BOARD OF HEALTH of the Borough of Paramus held on March 26, 2018 at the Paramus Borough Hall.

Meeting was called to order at 8:05 pm by President Nazziola.

ROLL CALL

Present: Dr. Nazziola, Ms. Mena, Dr. Ahmed, Mr. Verile, Ms. Uzzi
Absent: Council Liaison Bellinger
Also Present: Mrs. Migliaccio, Councilwoman Weber, Det. Sgt. Jim Teehan

PUBLIC MEETINGS ACT

In accordance with the Public Meetings Act, adequate notice of this meeting has been provided by mail to THE RECORD and filed with the Borough Clerk on January 2, 2018.

AGENDA

Reading of the Agenda by Secretary, Judith Migliaccio.

APPROVAL OF MINUTES

Moved by Ms. Uzzi and seconded by Ms. Mena that the Minutes of the meeting of February 26th be approved as circulated.

Motions were approved.

CORRESPONDENCE

Dr. Nazziola called for discussion on correspondence.

Several Press Releases were sent out which were:

BOH observes March as Colorectal Awareness Month, Food Drive March 24th at the Food Pantry, "Electronic Cigarette Kiosk in GSP Mall Fined for Sale of e-Cigarette Product to Minors"

The 9th annual 2018 County Health Rankings Report for New Jersey came out stating that Bergen County came in 4th as the 4th healthiest county out of 21 counties in New Jersey.

Moved by Ms. Mena and seconded by Ms. Uzzi that the Correspondence be approved as submitted.

Motion was approved.

STAFF REPORTS

Dr. Nazziola asked for discussion on the Health Officer's Report for January and February.

Since February is designated as 'Heart Month', Mrs. Migliaccio stated that our department participated in the American Heart Association's National "Wear Red Day for Women". Red pins were distributed to those who donated. In an effort to raise awareness for cardiovascular disease, which is the number one killer of women, we raised \$361.00 for the Heart Association and offered breakfast to employees who participated.

Mrs. Migliaccio briefly reviewed the Health Assessment statistics that continue by our nurses, which include blood pressures, nurse counseling and follow-ups, immunizations, telephone counseling, communicable disease investigations and a total of 88 schools audited with a total of 2,218 records audited performed by our nurses.

The nurses continue to give Flu shots for Paramus residents.

There were 4 outbreaks in Senior Residences and Long Term Facilities. One GI outbreak and 3 respiratory outbreaks. All resolved in late February.

There was a possible case of chicken pox in one of the schools. An investigation was conducted and determined to not be chicken pox.

The nurses have been in discussions with our Police Officers regarding the testing of vision for Paramus crossing guards. Proposals sent to Police.

We received 2 calls from students wishing to observe our Health Department as part of their curriculum for College.

Also, a possible case of acute Hep B was reported. After an investigation and notification to the epidemiologist, it was determined to be negative.

Hep B shots given to 2 employees.

HEALTH EDUCATION

In Health Education, the Mayor's Wellness Campaign, Paramus Board of Health, Valley Hospital and Gold's Gym are sponsoring the "Sixth Annual Paramus Weight Loss Challenge" challenging Paramus to lose 800 pounds in 12 weeks. The kick off took place on February 27th at the Paramus High School cafeteria where over 220 participants signed up. The Board of Health will be a weigh in site on every Thursday.

New this year, "Walk with the Mayor" on March 31st at 9:00 am. at Petruska Park. Also this year a beginners running program will be started for those who haven't run before.

BCDOH along with Stigma Free Task Force will be holding an 8 hour workshop on training for "Youth Mental Health First Aid" April 14th at Borough Hall for residents, employees, teachers, coaches or anyone who has regular contact with young people between 12 and 18. Those attending will learn how to recognize the signs of mental illness and substance abuse.

Valley Health is providing an extensive free heart screening including a medical history, blood pressure screening, heart auscultation measurements, including heart rate, rhythm and presence of murmur, lung auscultation measurements, and pulse assessments including carotid and peripheral pulses, blood glucose evaluation and limited neurological assessment.

“Go Blue”, a program from Valley Hospital and the BOH will take place to open up conversation regarding colon cancer and prevention. There will be 5 programs throughout the month ranging from fashion shows at a café, group walks, cooking demonstrations and workout classes.

On March 15th Valley Hospital sponsored panel discussion called “It’s Not about the Cookie Jar” about children’s eating habits and childhood obesity and its possible link to self-confidence, mental health and education.

On March 29th, New Bridge Medical Center will be sponsoring a program called “Understanding the Psychological Impact of Food” with speakers, a cooking demonstration from a celebrity chef and dinner!

Animal Control had 22 calls, 17 animals handled and 4 emergency calls.

REHS’s have been very busy completing 143 food establishment inspections and inspected 263 vending machines. They also handled 21 complaints and reviewed 10 plan reviews.

They continue pool water sampling for public pools and investigate animal bites on a daily basis.

There were many embargos, condemnations and voluntary destruction of a great deal of food at several food establishments along with many emergency calls and abatement notices to establishments for a variety of reasons, mostly due to the extreme cold.

Mrs. Migliaccio briefly reviewed the Deputy Registrar’s report for January and February with statistics on food handling licenses, vending machines, electronic cigarette devices, beauty salons, pet shops, plan reviews, vending, dog and cat licensing and vital statistics transactions for death and marriage, bringing in \$66,675.00 to date.

Moved by Ms. Uzzi and seconded by Ms. Mena that the Health Officer’s report for January and February 2018 approved as submitted.

Motion was approved.

NEW BUSINESS (Meeting Open To The Public)

Presentation by Det. Sgt. Jim Teehan as part of the Community Outreach Program, on Opioid Awareness for High School students.

He went on to explain briefly how the 3 day program begins. Two Police Officers, dressed in casual clothing, (jeans and sweatshirt) introduce themselves to make them appear less intimidating and allow the students to be more at ease.

Det. Teehan prefaced his presentation stating that as of now, he knows of 13 or 14 kids from Paramus living on the streets in Paterson because of some type of opioid addiction. He relayed that one of the kid's parent's came to him around Thanksgiving stating that they heard about a body washing up on the Passaic River hoping that it was not their son. These are the nightmares that these parents go through, including them stealing belongings, jewelry or money from them, to the point where they can no longer be trusted and need help for their addiction. There are no limits to what one would steal from their parents or anyone else when trying to get money for drugs.

Teehan went on to show an actual video he took in Paterson while searching for the kids from Paramus. He stated that each kid they approached had no problem talking with them. The video was extremely graphic showing kids shooting needles in their arms right out in the open. Teehan explained that they try to get these kids to trust them, not avoid or run from them, which is a difficult task.

He did relay that afterwards, a girl with her mother came to him to tell them about a friend who they are worried about because of an opioid addiction. When things like that happen, it shows that what they are doing is working.

He said that since Narcan has been introduced, the amount of non-fatal overdoses has increased and the amount of fatal overdoses has decreased, although there are also dangerous things about the same drug.

The Board had questions that were answered and thanked Det. Sgt. Teehan for his excellent presentation and valuable information.

Det. Teehan thanked the Board and concluded by saying that it is an ongoing process to try and get students to be relaxed around Police Officers so that they can be of help to them. They have been granted permission to walk the halls of Paramus High School trying to get students to get used to seeing them showing them that they are very approachable no matter what the problem. It's a uphill battle, but the positive results make it worthwhile and hopefully get better and better. Teehan said that he hopes the kids go home and tell their parents about what they've learned from "the cops" that came to their school and begin a discussion at home.

At this time, Mrs. Migliaccio asked guests attending to first state their name and exactly what they wanted to present to the Board.

All went on to explain their product that involved the use of Liquid Nitrogen that they wanted to prepare and sell.

First up was Kirstin Vanderhoff who wished to open up a kiosk at Garden State Plaza to sell Nitrogen infused cereal puffs. She passed out some information explaining her process. The Board had several questions for Ms. Vanderhoff which she answered, although her presentation was brief.

Second was Matthew Marotto, a chef from West New York, who gave an impressive full-on live demonstration of just how he makes his ice cream product using Liquid Nitrogen, showing that it is not harmful or dangerous to himself or the customer.

The Board thanked Matthew for an excellent presentation while they enjoyed tasting the end ice cream product which they found to be delicious.

Next up was Evdoxia Siskos, along with Amid Fridman who also want to open a kiosk in Paramus to sell their product using Liquid Nitrogen, with a similar process as the previous presenter. He passed out information about his process and how it differs so the Board could review it. He also showed photos of his kiosk and stated that it is fully enclosed for safety sake. He stated they have over 20 locations in several States and are very experienced.

The Board had an extensive conversation with them with many questions which they supplied answers to and thanked them for their presentation moving on to the next person.

Mrs. Migliaccio then phoned Brian Rosen who sent slides for the Board to look at regarding his product and process. Since Matthew did such a thorough presentation, there didn't seem to be anything further to add. Mrs. Migliaccio stated that Brian wants to sell his product at the Farmer's Market and hoped that the Board would come to a favorable decision.

During all of the presentations, the Board had a great deal of questions for them which were answered to their satisfaction.

Mrs. Migliaccio and the Board members thanked the presenters very much for their thorough demonstrations and information and relayed that they would be in touch as soon as they came to a decision.

The Board then discussed the presentations among themselves and made a few requirements before coming to a decision, such as requesting a written explanation of the process and what type of training is necessary.

At this time, the Board went on to discuss what happened at the Mayor and Council meeting regarding the recreational use of marijuana.

Mrs. Migliaccio and Councilwoman Weber relayed what was said at the meeting and began a discussion with the Board asking for their input as to the legalization of marijuana in Paramus.

After much discussion amongst the Board members, it was suggested that they invite Chief Ehrenberg and possibly an expert on the subject to attend the next meeting to get their input before making a decision on submitting a Resolution.

At this time, the Board decided to wait until the next meeting before submitting a Resolution.

COMMITTEE REPORTS

Committee Assignments were completed and will be sent to all Board members.

OLD BUSINESS

Discussion on the number of dogs and cats allowed in households was postponed until the next meeting in April.

LICENSES AND PERMITS

Resolution No. 18-3-1 Foodhandling Licenses – 2018

Moved by Mr. Verile and seconded by Dr. Ahmed that the attached Food Establishment Licenses Appendix A-FH 110972 through A-FH 110970 be approved.

Moved by Ms. Mena and seconded by Mr. Verile that the attached Mobile Caterer's Licenses Appendix A-FH 110974 through A-FH 110978 be approved.

Moved by Ms. Uzzi and seconded by Ms. Mena that the attached Kitchen Licenses Appendix A-FH 110980 through A-FH 110984 be approved.

Motion was approved.

Resolution No. 18-3-2 Vending Machine Licenses - 2018

Moved by Ms. Mena and seconded by Ms. Uzzi that the attached Vending Machine Licenses Appendix E-VMO 110979 through E-VMO 110986 be approved.

Motion was approved.

Resolution No. 18-3-3 Beauty/Nail Salon – 2018

Moved by Ms. Mena and seconded by Ms. Uzzi that the attached Beauty/Nail Salon License Appendix I-BNS 110973 be approved.

Motion was approved.

Resolution No. 18-3-4 e-Cigarettes – 2018

Moved by Ms. Uzzi and seconded by Mr. Verile that the attached e-Cigarette License Appendix G-EC 110971 be approved.

ADJOURNMENT

There being no other business to be brought before the Board, upon motion by Ms. Uzzi and seconded by Dr. Ahmed and carried unanimously, the meeting was adjourned at 10:30 pm.

Respectfully submitted,

Judith Migliaccio
Secretary