

MINUTES OF THE REGULAR MEETING OF THE BOARD OF HEALTH of the Borough of Paramus held on October 22, 2018 at the Paramus Borough Hall.

Meeting was called to order at 8:00 pm by President Nazziola.

ROLL CALL

Present: Dr. Eric Nazziola, Dr. Ahmed, Mr. Javed

Absent: Ms. Uzzi and Mr. Verile

Also Present: Mrs. Migliaccio, Council Liaison Holly Tedesco-Santos, Councilwoman Jeanne Weber

PUBLIC MEETINGS ACT

In accordance with the Public Meetings Act, adequate notice of this meeting has been provided by mail to THE RECORD and filed with the Borough Clerk on January 2, 2018.

AGENDA

Reading of the Agenda by Secretary, Judith Migliaccio.

APPROVAL OF MINUTES

Moved by Dr. Ahmed and seconded by Mr. Javed that the Minutes of the meeting of September 24, 2018 is approved as circulated.

Motion was tabled until the November meeting due to lack of attendance.

CORRESPONDENCE

Dr. Nazziola asked for comments on the correspondence.

A check for \$1,000.00 was sent to Samantha Mancini, the recipient of the Charles Lobber Memorial Scholarship.

Two memos from the State with information regarding West Nile Virus cases in Bergen County.

A letter to Neil Javed was sent from Mrs. Migliaccio welcoming him as our new Board member.

A copy of a letter sent to Mayor La Barbiera from a business owner requesting a meeting to discuss her hope to open a "Cannabis business" in Paramus upon legalization.

Press sent out on free Blood Pressure Screening dates in October.

Moved by Dr. Ahmed and seconded by Mr. Javed that the correspondence be approved as submitted.

Motion was approved.

STAFF REPORTS

Dr. Nazziola asked for discussion on the Health Officer's report for September.

Mrs. Migliaccio stated that September was very busy for our nurses, especially with our successful annual Blood Chemistry Screening that took place September 21st and 22nd at Borough Hall. We had 91 residents and employees participating and our nurses are still following up on those who had elevated lab results with referrals to their doctors. Some of the screenings offered included a complete blood work-up including cholesterol levels, glucose, thyroid screening, and Vitamin D, A1C and PSA readings for men.

Telephone counseling and disease investigations continue by the nurses along with home visits for flu shots and counseling for the elderly.

The Health Department coordinated Bloodborne Training Courses at the Life Safety Building to be held October 22nd from 7 to 8 PM. This is a mandatory program for all at risk employees and always very well attended.

Weekly ILI (flu) surveillance of several public schools was collected and sent to NJDHSS weekly.

The Borough electronic bulletin board displayed Flu information and press was sent out to the Town news, Paramus Clubs and other organizations announcing the date of our Flu immunizations.

PROGRAMS

Flu shots for senior citizens took place on Saturday, September 29th. Announcements have been placed on electronic boards and signs are up in Borough Hall. Flu clinic was also advertised in local paper. 86 flu shots were given to seniors and employees on that day.

Fliers for the Blood Chemistry Screening and Flu Shot Program are posted in Borough Hall, Public library, and Senior Center

Flu sign-up sheets were sent to all Borough Departments. Employee Flu Day is scheduled for Friday, October 19th between 9:30 to 11:30 and between 1:30 to 3:00 pm.

Follow up phone calls and letters sent to participants from the skin cancer screening at the Paramus Pool and to those who were referred for MD follow up.

Results and counseling of Blood Chemistry Program were given to participants.

Influenza like illness reports from several public schools were sent to the NJDOH weekly.

Blood Pressures were checked upon request during the month of September.

A visit was made to Dr. DeVita's office to pick up prescriptions to order epinephrine ampules to have on hand in case of emergency.

School nurse called our department to notify us of an employee that tested positive for Shigellosis. Employee was not a Paramus resident. Notified nurse from that town.

Possible Blood borne pathogen exposure of a Borough employee. Employee was sent to Corporate Health at HUMC for evaluation.

Investigation of a possible case of chicken pox in a school. Test came back negative.

HEALTH EDUCATION

September was designated as “National Cholesterol Month”. Counseling and cholesterol literature was distributed to Paramus residents and press releases were sent to area papers.

Our Blood Chemistry Program provided residents the opportunity to have a Lipid (Fat) Profile, which included their cholesterol, triglyceride, HDL (High Density Lipoprotein) and LDL (Low Density Lipoprotein) levels. Counseling and cholesterol literature was distributed to all participants. Press Releases were sent to area papers,

Paramus Board of Health and the Valley Hospital teamed up to present the “Paramus Fall Health Series”. A flyer was mailed to all residents by Valley Hospital. The events include a seminar titled “Living Healthy with Heart Failure”. A health fair for the LGBTQ Community, this is the first and Valley is proud to be a leader in our community. The Fair will be at the Luckow Pavilion on Saturday, October 13th from 9:00am to noon. Also in October, a seminar on “Shouldering the Pain” Learn about the most mobile joint in our bodies and about the latest options available to treat shoulder problems and injuries. On Saturday, October 20th, Valley is offering a free Stroke/Pulmonary Screening to learn about risks.

“Managing Medication” by new physician at New Bridge Medical Center on Wednesday, September 19th. This seminar will help assist in getting the right prescriptions to the right individuals, and ensure they are taken at the right time.

A flyer was sent to the superintendent of schools regarding an awareness of e-cigarettes use in schools. This was disseminated to all parents.

Valley Health conducted a Blood Pressure screenings at Brightveiw Residential Home. 33 residents were screened.

Body Fat Analysis took place on September 14th at Shop-Rite with Valley Health and the Shop-Rite Dietician, Christina. Twenty residents participated.

ANIMAL CONTROL

Animal Control remains busy with 17 animals handled and 2 emergency calls. Also, 8 dogs have been adopted this Month.

ENVIRONMENTAL

The inspectors also continue to be very busy with 79 Food Establishments inspected, 42 spot checks, checking pool water, following up on rabies bites, overseeing temporary events and handling 29 citizen complaints.

Several summonses were issued for a variety of reasons with court dates pending.

Finally, our financial report for September totaled over \$130,000.00.

Moved by Mr. Javed and seconded by Dr. Ahmed that the Staff Report be approved as submitted.

Motion was approved.

COMMITTEE REPORTS

None.

MEETING OPEN TO THE PUBLIC

Dr. Nazziola opened the meeting to the public.

Since no one wished to be heard, Dr. Nazziola closed the meeting to the public.

OLD BUSINESS

None.

NEW BUSINESS

Resolution No. 18-9-1 Approval of attendance by Mrs. Migliaccio at the annual meeting of the Registrar's Association of New Jersey

BE IT RESOLVED, by the Board of Health of the Borough of Paramus, County of Bergen, State of New Jersey that Mrs. Migliaccio be authorized to attend the annual meeting of the Registrar's Association of New Jersey, to be held on November 13th, 2018 in Atlantic City, NJ at a cost of \$75.00.

Moved by: Dr. Ahmed

Seconded by: Mr. Javed

Roll Call Vote: Dr. Nazziola, Yes; Dr. Ahmed, Yes; Mr. Javed, Yes.

Resolution No. 18-9-2 Approval of attendance by Mrs. Migliaccio at the annual conference of State and Local Health Officials

BE IT RESOLVED, by the Board of Health of the Borough of Paramus, County of Bergen, State of New Jersey that Mrs. Migliaccio be authorized to attend the annual conference of State and Local Health Officials, to be held on November 13th -15th 2018 in Atlantic City, NJ at a cost of \$110.00

Moved by: Mr. Javed

Seconded by: Dr. Ahmed

Roll Call Vote: Dr. Nazziola, Yes; Dr. Ahmed, Yes; Mr. Verile, Yes.

Resolution No.18-9-3- Approval for Health Education Services through Valley Hospital for year 2019

WHEREAS, the New Jersey Public Health Practice Standards of Performance for Local Boards of Health Chapter 8:52-6-2 (a) states that each local health agency shall provide a comprehensive health education and health promotion program which is developed and overseen by a health educator and provides integrated support to the daily operation of the local health agency.

BE IT RESOLVED, by the Board of Health of the Borough of Paramus, County of Bergen, State of New Jersey that the Paramus Board of Health continues to retain Health Education Services by Valley Hospital from January 1st 2019 through December 31st 2019.

Moved by: Dr. Ahmed

Seconded by: Mr. Javed

Roll Call Vote: Dr. Nazziola, Yes; Dr. Ahmed, Yes; Mr. Javed, Yes.

LICENSES AND PERMITS

Resolution No. 18-9-4 Food Establishment Licenses – 2018

Moved by Dr. Ahmed and seconded by Mr. Javed that the attached Restaurant Licenses Appendix A-FH 111035 through A-FH 111039 is approved.

Resolution No. 18-9-5 Beauty/Nail Salon License – 2018

Moved by Dr. Ahmed and seconded by Mr. Javed that the attached Beauty/Nail Salon License Appendix I-BNS 111036 be approved.

Resolution No. 18-9-6 Vending Machine License – 2018

Moved by Mr. Javed and seconded by Dr. Ahmed that the attached Vending Machine License Appendix E-VMO 111038 is approved.

Motion was approved.

ADJOURNMENT

There being no other business to be brought before the Board, upon motion by Dr. Ahmed and seconded by Mr. Javed and carried unanimously, the meeting was adjourned at 8:20 pm.

Respectfully submitted,

Judith Migliaccio
Secretary