Borough of Paramus

Human Services

Irene Maury
1 Jockish Square
Paramus, NJ 07652
201-265-2100 x6101
imaury@paramusborough.org

Mayor
Richard La Barbiera

Council Liaison
Holly Tedesco-Santos

The listing of facilities is provided for informational purposes. The facilities have no connection with the Paramus Municipal Administration and the Borough makes no representations as to the nature or quality of any services provided. The Borough neither endorses nor supports any of the facilities listed herein.

03/2020
**ADULT DAY PROGRAM**

Gallen Adult Day Ctr. at Jewish Home
10 Link Drive, Rockleigh, NJ 07647
201-750-4243

New Life Adult Medical Day Care
340 Evelyn Street, Paramus, NJ 07652
201-265-0606

The Regency Memory Care Club
Dedicated specifically to seniors with memory loss. 201-525-2200
91 Rte 4 East, River Edge, NJ 07661

**LONG TERM CARE**

New Bridge Medical Center
230 East Ridgewood Avenue, Paramus, NJ 07652
201-967-4073 • www.bergenregional.com

Dellridge Health and Rehab Center
532 Farview Avenue, Paramus, NJ 07652
201-265-5600 • www.dellridge.com

NJ Veterans Memorial Home
1 Veterans Drive, Paramus, NJ 07652
201-634-8200
Villa Marie Claire, Hospice & Palliative Care
12 W Saddle River Rd., Saddle River, NJ 07458
201-833-3188

**ASSISTED LIVING**

CARE ONE at the Cupola 201-444-8200
Assisted Living and Memory Care
'Your Experience Is Our Priority'
100 W. Ridgewood Ave, Paramus, NJ 07652

Brookdale at Paramus
186 Paramus Road, Paramus, NJ 07652
201-251-9600

**SENIOR SERVICES**

Bergen Co Div of Senior Services: 201-336-7400

Paramus Senior Center: 201-265-2100 x6120

**HOME CARE**

Caring Senior Service:
201-930-8888 Transportation, Meal Prep, Companionship, Bathing, Grooming
www.CaringSeniorService.com

People Care of New Jersey, Inc
201-525-1502
90 Main Street, Hackensack, NJ 07601
Accredited by CAHC No Minimum Hours

JACC: 201-336-7400 For those at risk of nursing home placement: hire relatives.

Holy Name Home Care
Insurance Accepted 201-833-3740

Senior Helpers Bergen Co.
Care & Comfort at a Moment's Notice
Caregivers drive*Hourly/Live-in
Dementia Specialists 201-968-5777
www.seniorhelpers.com/bergencounty-nj

**MENTAL HEALTH**

CBHCare Wellness & Support Center
569 Broadway, Westwood • 201-957-1800
www.cbhcare.com WALK-INSWELCOME
Adolescent programs: Hacksk 201-646-0333

Care Plus Mental Health Ctr: Out-Patient, Partial-Care, Family Outreach Services
610 ValleyHealth Plaza Rd, Paramus
201-265-8200 • www.careplusnj.org

Perform Care: Children and Family Services: 1-877-652-7624

Psychiatric Emergency Screening Prgm (PESP) 201-262-HELP (hotline)

**ALCOHOL and SUBSTANCE ABUSE Resources & Treatment**

AA/Alanon: www.nnjaa.org. Enter a zip code for meeting locations.

Access Ctr for Mental Health & Addiction Services at NEW BRIDGE Medical Center:
230 East Ridgewood Avenue, Paramus
800-730-2762 • www.NewBridgeHealth.org

Information Access: 844-ReachNJ(732-2465) or ReachNJ.gov

New Pathway aka S.O.A.R.
Alcohol/Substance Out-Patient
20 Powers Dr, Paramus 201-436-1022

**LEGAL**

Mental Health Law Project:
One Bergen Co. Plaza, Hackensack
201-634-2762

Bergen Co. Legal Aid:
201-487-2166

**HOUSING/RESIDENTIAL**

Bergen County Housing Authority
1 Bergen Co Plz, Hackensack 201-336-7600

FairHousingCouncil: 201-489-3552

Family Promise of BC, Family-Only Shelter: 201-833-8009

Greater Bergen Comm. Action:
Homeless Asst Programs 201-488-5100

.paramus Affordable Senior Housing
WaltBehnke Complex 201-845-8090

Parkview Affordable Housing
in Paramus: 201-836-4500

Paramus Housing Liaison
201-265-2100 x2222