

PARAMUS RECREATION PRESENTS

Winter Enrichment Program for Adults with Diff-Abilities

Paramus Recreation is offering an affordable enrichment program for Paramus Residents 7th Grade- 21 years of age with Diff-Abilities. What does diff- abilities mean? Diff-Abilities is a term used by some organizations, including the Special Olympics, in an effort to remove the negative connotation of 'dis'abilities and focus on the student's skills and abilities.

Program Details

Dates/ Times: Thursdays, 3-4:30PM (1/16, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/5, 3/12, 3/19)
(includes optional 2:30-3PM after-care at PHS)

Location: Paramus High School (99 E. Century Road)

Cost: \$65.00

At the discretion of the Program Director, students with a 1:1 Aide during the school day will be required to be accompanied by an Adult capable of assisting the child

Activities

This program was created by and will be overseen by speech pathologist Barbara Anderson. It features a multidisciplinary curriculum allowing children to experience a wide variety of activities.

Classes will feature two parts:

- Wellness Segment (featuring capoeira, karate, yoga, and/or dance) and/or creative arts (art & music therapy)
- **New** SKIT Improvisational Theatre and communication skills program
- **Activities subject to change**

How to Register

- In Person:
 - In- person registration occurs Monday-Friday, 11AM-4PM at the Recreation Office. New registrants are required to register in person and show proof of residency as well as provide a birth certificate to verify their age.