PARAMUS RECREATION PRESENTS

Winter Enrichment Program for Adults with Diff-Abilities

Paramus Recreation is offering an affordable enrichment program for Paramus Residents 7th Grade- 21 years of age with Diff-Abilities. What does diff- abilities mean? Diff-Abilities is a term used by some organizations, including the Special Olympics, in an effort to remove the negative connotation of ‘dis’abilities and focus on the student’s skills and abilities.

Program Details
Dates/ Times: Thursdays, 3-4:30PM (1/16, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/5, 3/12, 3/19)
(includes optional 2:30-3PM after-care at PHS)
Location: Paramus High School (99 E. Century Road)
Cost: $65.00
*At the discretion of the Program Director, students with a 1:1 Aide during the school day will be required to be accompanied by an Adult capable of assisting the child*

Activities
This program was created by and will be overseen by speech pathologist Barbara Anderson. It features a multidisciplinary curriculum allowing children to experience a wide variety of activities.

Classes will feature two parts:
- Wellness Segment (featuring capoeira, karate, yoga, and/or dance) and/or creative arts (art & music therapy)
- *New* SKIT Improvisational Theatre and communication skills program

*Activities subject to change*

How to Register
- In Person:
  - In- person registration occurs Monday-Friday, 11AM-4PM at the Recreation Office. New registrants are required to register in person and show proof of residency as well as provide a birth certificate to verify their age.