



# LOVE YOUR HEART DAY

**Tuesday, February 25, 2020**

**11:30 am- 1 pm**

Bergen New Bridge Medical Center • Auditorium  
230 E. Ridgewood Ave., Paramus, NJ 07652

**Registration is preferred, but not required:**

<https://loveyourheartday.eventbrite.com>

Show your heart some love at this event designed to help you better understand your cardiovascular health.

**Complimentary Screenings/Assessments**

Cardiovascular Risk • Blood Pressure • BMI

Healthy snack from our nutritionist and healthy meal tips.

**Information and clinical screenings provided by:**

**Kalia Skeete-Jackson, MD**

**Joseph Daoko, MD**

Rutgers New Jersey Medical School Physicians  
at Bergen New Bridge Medical Center



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