PARAMUS RECREATION COMMISSION
SPRING REGISTRATION 2015

TRACK & FIELD

COMPETITIVE LACROSSE

GIRLS' & MEN'S SOFTBALL

PICK UP BASKETBALL

ONLINE REGISTRATION
BEGIN MARCH 2ND

REGISTRATION BY MAIL ONLY
MARCH 2ND THROUGH MARCH 11TH

IN PERSON REGISTRATION
MARCH 16TH & MARCH 17TH
Important Information – Please Read

Spring Registration Policies, Procedures & Dates

Pre-registration will start on Monday, March 2nd and continue through Wednesday, March 11th. During this period of time, registration forms can be mailed in to the Recreation Office at Petruska Park, 475 Farview Avenue. Forms cannot be dropped off. After March 11th the pre-registration period will end and no other registration forms will be accepted or processed by the Recreation Office. **Forms that arrive before March 2nd will be penalized and not processed until after the mail of the third work day, March 4th. Forms that arrive postmarked after March 11th will be sent back.**

In person registration will be held on Monday, March 16th & Tuesday, March 17th at Petruska Park between the hours of 9:00 a.m. & 11:45 a.m.; 1:00 p.m. & 3:45 p.m.; and 7:00 p.m. & 8:45 p.m.

Online Registration will be available to those children who are already in the Paramus Recreation Department’s computer system (any registration since Winter 2006/not including Paramus Junior Baseball or Babe Ruth Baseball). Online registration is not and will not be available to adults. **Adults and any child registering for the first time must either mail in their registration forms** (include proof of residency and for children copies of birth certificates) **or come in person during the In Person Registration period of time** during the above listed hours of operation. Online Registration will begin on **Monday, March 2nd.** Late fees will be assessed starting March 18th. Those programs that have enrollment limitations will accept up to 50% of their registrations through the online process. Once this quota has been achieved then the computer will automatically not allow any more online registrations. The reasons for a 50% limitation are because not everyone has access to a computer and not everyone feels comfortable using their credit cards for online purchases. To register online go to [www.paramusborough.org](http://www.paramusborough.org) **Your home phone number is your password as well as your user name.** Your printed receipt will include all vital information concerning the activities registered for.

The back of every registration form includes a Liability Waiver as well as the Zero Tolerance Policy notification and Withdrawal/Refund Policy. **Registration forms that arrive without the Liability Waiver, Zero Tolerance Policy & Withdrawal/Refund Policy being properly completed will not be processed and will be mailed back.** Please note, a parent’s signature is required **three times** on the back of each registration form. Please check to make sure that for every person registered all Liability Waivers, all Zero Tolerance Policy, all Withdrawal/Refund Policy notices have been signed.

**Starting dates and other pertinent information will be posted on your receipt.** For those signing up online, it is important that you print out your receipt. Those who take advantage of Mail In Registration need to send a self-addressed and stamped envelope in order to have their receipts mailed to them.
All registration forms that are mailed in must include full payment. Checks should be made out to “Paramus Recreation.” Individual checks are needed for activities that have enrollment limitations. Those registration forms arriving without payment will be sent back unprocessed. It is not necessary to send individual envelopes for every member of your family.

First time youth registrants and all adult registrants will be required to show proof of residency. The only accepted forms of proof will be the following: driver’s license, current tax or P.S.E.G. bill, water bill, renter’s agreement, deed to house or notarized letter from a landlord stating residency. The following are not accepted forms of proof: automobile registrations, bank checks or statements, cell phone bills, credit card bills. If proof is not provided at the time of sign ups, registration will be denied and "spots" will not be held. First time youth and all adult registrants taking advantage of the mail in pre-registration format need to include a photocopy of their residency proof. Forms that arrive without proper proof of residency will be sent back to the sender.

Copies of Birth Certificates need to accompany all applications for first time registrants. If this is not attached to the registration form, the registration will not be accepted and a "spot" will not be held. Forms that arrive without copies of birth certificates or copies of passports will be sent back to the sender.

Late registration will begin on Wednesday, March 18th and will end when a program is filled to capacity or the deadline for registration has passed. Thereafter, a waiting list for all filled and closed programs will be maintained by the Recreation Office. A late fee of $4.00 per person per activity will be assessed after Wednesday, March 18th. Late registration will be taken weekdays between the hours of 1:00 & 4:00 p.m. Late registration will not be taken during the morning office hours. Please be aware that some programs might fill up prior to In Person Registration.

The REGISTRATION DEADLINE for each individual sport, including travel sports, can be found in the description of each individual activity.

Cash refunds will no longer be given unless the program is cancelled. Partial credits will be issued if the withdrawal is prior to the withdrawal deadline. Those dropping from youth programs will lose eight dollars per program per child. Adults will lose thirteen dollars per program. Any late fees that may have been paid will also be lost to the registrant. Anyone who insists on a refund instead of credit will be charged an additional $35.00 to cover the costs associated with the processing of a check.

Withdrawal from any of the Spring Programs must be made prior to Friday, March 27th in order to be eligible for credit. Those wishing to drop from an activity must notify the Recreation Office directly. The number to call is (201)265-9321. Coaches and other instructors are not responsible for issuing credits and don’t always pass along such information to the Recreation Office.

All members of volunteer service organizations affiliated with the Borough of Paramus are entitled to a 50% discount of all registration fees. This discount does not apply to late fees or any costs associated with uniforms. Every season the volunteer’s service organization’s captain has to sign off on a certificate of certification that the member is indeed active in that organization. That certificate needs to be handed in with the registration forms.
PICKUP BASKETBALL: This activity is open to all children in grades third through eighth. This program will start the week of April 13th and run through the end of May. All sessions will be held at East Brook School on Monday & Wednesday evenings. The children will be grouped by grade as well as gender but if there are not enough participants in any one group those registrants will be offered the opportunity to join another group (safety permitting). The fee for this program will be $33.00.

The tentative breakdown of groups and the time/gym schedule is as follows:

<table>
<thead>
<tr>
<th>Group</th>
<th>Gym</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Third &amp; Fourth Grade Boys</td>
<td>Old Gym</td>
<td>6 p.m. to 7 p.m.</td>
</tr>
<tr>
<td>Third &amp; Fourth Grade Girls</td>
<td>New Gym</td>
<td>6 p.m. to 7 p.m.</td>
</tr>
<tr>
<td>Fifth &amp; Sixth Grade Boys</td>
<td>Old Gym</td>
<td>7 p.m. to 8 p.m.</td>
</tr>
<tr>
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<td>New Gym</td>
<td>7 p.m. to 8 p.m.</td>
</tr>
<tr>
<td>Seventh &amp; Eighth Grade Boys</td>
<td>Old Gym</td>
<td>8 p.m. to 9 p.m.</td>
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GIRLS' INTOWN SOFTBALL: The Clinic League is for girls in first & second grades. The season will begin in April and run through the beginning of June. The purpose of this league is instructional. All practices and games will be held on Saturday mornings at Sports Complex. Since this is a noncompetitive league, one request for carpooling convenience or to be with one friend will be honored if the request is indicated on the registration form. The fee for this program is $43.00.

The Minor League is for girls in third & fourth grades. Practices and games will be held on Monday evenings starting at 6 p.m. and on Saturdays between 9 a.m. and 1 p.m.

The Intermediate League is for girls in fifth & sixth grades. Practices and games will be held on Wednesday & Friday evenings starting at 6 p.m. and on Saturdays between 1 p.m. and 5 p.m.

The Senior League is for girls in seventh & eighth grade. Practices and games will be held on Tuesday & Thursday evenings starting at 6 p.m. and on Saturdays between 1 p.m. and 5 p.m.

All Minor, Intermediate & Senior League registrants will be rated at a tryout session and drafted according to their abilities. Therefore no requests for carpooling conveniences or to be with friends will be honored. Games & practices will be held at Reid Park, Century Road Field at P.H.S., Ridge Ranch, Memorial & the Sports Complex as well as fields in the neighboring communities of Maywood, Rochelle Park and River Edge. The fee for this program is $43.00.

Because the number of girls playing intown softball has gone down drastically over the past couple of years, the Recreation Department has made arrangements to partner up with the River Edge and Maywood Softball programs in an attempt to strengthen and grow the softball program in Paramus. Each town will enter their own teams into a combined league. Standings will not be kept. The aforementioned practice schedule as well as the game schedule between Paramus teams will hold true. However, games between Paramus teams and teams from the other two towns may take place on nights not listed in the previous paragraph. Games may be held on Saturday nights at the Sports Complex. This partnership concerns the Minor, Intermediate & Senior Leagues, not the Clinic League.
TRAVELING SOFTBALL: Paramus Recreation hopes to be sponsoring at least one team on all three of the following levels of play: 10 & Under; 12 & Under; 14 & Under. The teams will be determined by age and not by grade. The spring portion of the program will begin in April and will be dedicated to practicing. The coaches may or may not set up scrimmages. The cost for the first part of the Travel Softball Program will be $18.00. Sometime in May tryouts will be held for those girls interested in trying out for the Summer Travel Teams that will be competing in a local travel softball league during the months of June and July. Those girls who make one of the travel softball teams will be required to pay an additional fee of $18. Those making a travel team are not guaranteed any specific amounts of “playing” time.

Practices for both the Spring and Summer portions of this program generally will start at 6 p.m. However some coaches may be able to call for earlier practices starting at 4 p.m. These same coaches may call for weekend practices. The start time for the summer games will vary between 6 p.m. and 8 p.m. Away games will generally be held in other Bergen County Communities with the possibility of games in Hudson, Passaic or Essex Counties. If they don’t already have one from a prior season, those girls making one of the travel summer teams will need to purchase a travel uniform for an additional cost of $40.00.

THE DEADLINE FOR REGISTERING FOR THIS PROGRAM WILL BE MAY 1ST.

TRACK & FIELD: Due to the lack of enough qualified coaches and the inability to schedule practices in a consistent manner, this program will no longer be run by the Paramus Recreation Department. Those wishing to continue should look for programs outside of the Paramus Community. Several of last year’s Track & Field Coaches will be continuing to coach through Racefaster LLC. This company will be holding practices at Bergen Community College Track and Field Complex on Wednesday and Friday evenings between 6 p.m. and 7 p.m. Their program will begin on March 25th and continue through May 29th. The Racefaster LLC Team will be entering the local NJ Strider Developmental Meets, which will continue to be held on Sundays. The cost will be $100. When registering on the Racefaster LLC site, Paramus residents need to enter the following discount code: PRTF15. For additional information email Aidan Walsh at aidan@racefaster.net or call him at (201)304-8219. The website for this company is www.racefaster.net

TRAVEL LACROSSE: Registration for this activity started in October. The Paramus Recreation Commission is offering travel programs for both boys and girls in grades 2nd through 8th. The boys will be entered into the New Jersey Youth Lacrosse League and the girls will be playing in the New Jersey Junior Girls Lacrosse League (NJGJLL). At each level there will be between 12 & 15 games as well as some scrimmages. Practices will begin in March and the season will run from April to June. Boys’ practices will be held Tuesdays thru Fridays with most games being played on the weekends. Girls’ practices will be held Tuesdays thru Fridays. Some girls’ games will be held on weeknights and some on Saturdays. For players to participate proper equipment is required. Boys must have a helmet, shoulder pads, rib protector, mouth guard and a stick. Girls must have goggles, mouth guard and stick. The cost for this program is now $81.00 and does not include a uniform. Boys’ shorts can be purchased for $18.50 while girls’ skirts can be purchased for $23.00. A set of boys’ home and away jerseys can be purchased for $53.50. A set of girls’ home and away jerseys can be purchased for $51.00.

All participants need to be registered with the U.S. Lacrosse Association. It is up to each participant’s parents to take care of this obligation. The U.S. Lacrosse Association registration forms can be picked up at the Recreation Office. The website for the U.S. Lacrosse Association is www.uslacrosse.org. The Recreation Department is not responsible for the fee charged by the U.S. Lacrosse Association.
E-mail any questions to tsharps@aol.com. For additional information on the leagues see the following websites: (boys)www.njlacrosse.com; (girls)www.njjgll.com

CLINIC LACROSSE: An instructional clinic for those children in kindergarten through second grade will be held on Saturday afternoons, beginning on April 18th and running through May. The enrollment will determine if the clinic will be coed or if separate sessions for boys and for girls will be held. The location of this activity will be the Parkway Plex. Registrants must provide their own sticks. Cleats are recommended. The fee for this program will be $33.00. Volunteer coaches are needed.

MEN'S LOB PITCH SOFTBALL: This program is open to men 30 years of age and older. This competitive league plays on Sunday afternoons as well as weeknights starting at 8:15 p.m. during the months of April, May & June. July & August games are played on Monday & Wednesday evenings starting at 6:15 p.m. Playoff games generally begin the second week of August and conclude by September 1st. Some playoff games are held on Sundays. Those men wishing to join the league, who have no team affiliation should contact the Recreation Office for phone numbers of the league's managers. The fee for this program is $61.00. When registering by mail be sure to include a copy of one of the accepted forms of residency proof. Registration forms arriving without proper residency proof will be sent back. NO EXCEPTIONS.

Scheduling Conflicts

Please be advised that if you register your child for more than one program during the Spring Season, no doubt there will be conflicts. The conflict could be games with games, practices with practices or practices with games. Furthermore, please be advised that there will be no refunds or credit given after the posted withdrawal date of Friday, March 27th, 2015.
Survey for Parent & Child Summer Tot Tour Program

Due to a steady decline in enrollment the past several years, the Parent & Child Summer Playground Program was discontinued last year. The Paramus Recreation Commission is considering running a Tot Tour Program this summer (between June 30th & August 6th) that would involve trips to local amusement and educational attractions every Tuesday and Thursday. All trips would depart from Petruska Park at 9 a.m. Return times would vary between 2 p.m. and 5 p.m. This program would be for all children who have not yet entered Kindergarten. A guardian of some sort, over the age of 18 would have to accompany the child on all trips. The estimated cost for one child and one guardian including transportation for twelve trips would be between $200 and $250 dollars. If interested, please email the Recreation Office at sregan@paramusborough.org no later than March 20th. Please include in your email contact information as well as how many children in your family would be attending along with their ages. Like all Paramus Recreation Programs, this activity is for Paramus Residents only. Relatives who live in other communities will not be permitted to join.

Concussion Awareness Course

To help minimize the risk of concussion related injuries, the New Jersey State Interscholastic Athletic Association is now requiring all coaches to take the National Federation of State High School Associations’ free on-line course “Concussion in Sports – What you Need to Know.”

This course provides critical information designed to minimize the risk of serious consequences due to concussions. The Mayor & Council of Paramus, along with its’ Recreation Commission, believe that it is important that all Paramus Recreation Coaches become informed and aware of the proper precautions to take to keep our athletes safe.

A second course that is also worthwhile is “A Guide to Heat Acclimatization and Heat Illness Prevention.”

Starting with the Paramus Recreation Commission’s Fall Programs of 2013, all coaches must take the online concussion course and at the conclusion print out the certificate and drop it off at the Recreation Office. Coaches will not be allowed to coach until this requirement has been met, no exceptions. The Recreation Commission encourages all parents to take this course.

Coaches and parents alike can access these free NFHS courses online at www.nfhslearn.com. In the top left corner of the page, next to the NFHS logo, click on “Courses” and select the desired course under the “Free Courses” heading. In order to complete the course, you must create an account which will allow you to manage your courses and access your certificates of completion. If you are asked for a “Primary Position,” you should enter “Coach” and “Paramus Recreation Commission.”
Easter Egg Hunt

This annual event will be held on Saturday, March 28th at Petruska Park. Preschoolers and those children in Kindergarten will start their hunt at 10:00 a.m. followed by all those in First Grade & Up at 10:30 a.m. In the event of inclement weather the Easter Egg Hunt will be held indoors at East Brook School. If the weather is questionable on March 28th call the Recreation Office answering machine (265-9321) after 9:30 a.m. to learn of any change in location.

Senior Citizens' Spring Fling

Friday, May 29th - 11 a.m. to 3 p.m.
Rain Date: Thursday, June 4th
Second Rain Date: Friday, June 12th

Entertainment & Lunch

The fee for this event is $5.00 per person and is nonrefundable. Tickets will be available starting on Monday, May 11th, 9 a.m. at Petruska Park. Proof of residency (driver’s license; tax bill; any utility bill) will be required. It is recommended that those who attend, bring their own lawn chairs. This event will take place at Petruska Park.

Senior Citizen Center Announcements

Free Movies and Free Snacks
February 20th – The Butler
March 20th – Captain Phillips
April 17th – The Great Gatsby

February 27th – Bus Trip to The Sands Casino in Bethlehem, Penn. - $23 per person

For additional information including movie times call Eileen or Ana at the Senior Center – (201)265-2100 extension 664

The DPW is now on Facebook, please like their page for information & updates!
PARAMUS RECREATION 475 FARVIEW AVENUE PARAMUS, N.J. 07652
(201)265-9321

Please fill out this form and please print clearly.

Registrait's Name: ___________________________ Male or Female (please circle) Present Grade ___________________________
Registrait's Address: ___________________________ E-Mail ___________________________
Date of Birth: ___________________________ Father's Name ___________________________ Home Phone Number ___________________________
Mother's Name ___________________________ Cell Phone Number ___________________________
School ___________________________ Teacher ___________________________
Family's Insurance Coverage (if none that must be stated) ___________________________
Service Organization ___________________________ Supervisor ___________________________

To enroll in programs, circle the appropriate items. Use one form per registrant.
Add $4.00 late fee starting March 18th.

SPRING 2015 PROGRAMS

Pickup Basketball – Boys 3rd & 4th Grades - $33
Pickup Basketball – Boys 5th & 6th Grades - $33
Pickup Basketball – Boys 7th & 8th Grades - $33

Pickup Basket – Girls 3rd & 4th - $33
Pickup Basket – Girls 5th & 6th - $33
Pickup Basket – Girls 7th & 8th - $33

Clinic Intown Softball (Girls) – 1st & 2nd - $43
Minor Intown Softball (Girls) – 3rd & 4th - $43
Intermediate Intown Softball (Girls) – 5th & 6th - $43
Senior Intown Softball (Girls) – 7th & 8th - $43

10 & Under Travel Softball - $18*
12 & Under Travel Softball - $18*
14 & Under Travel Softball - $18*

*This fee covers the cost of the Spring Portion of the Travel Softball Program. Those who continue and participate in the competitive Summer Portion will need to pay an additional fee of $63.

Lacrosse Shorts - $18.50
Set of Boys’ Lacrosse Jerseys – $53.50
Lacrosse – Boys/2nd grade - $81
Lacrosse – Boys/3rd grade - $81
Lacrosse – Boys/4th grade - $81
Lacrosse – Boys/5th grade - $81
Lacrosse – Boys/6th grade - $81
Lacrosse – Boys/7th grade - $81
Lacrosse – Boys/8th grade - $81
Lacrosse – Boys K – 2nd Clinic - $33

Lacrosse Skirts - $23
Set of Girls’ Lacrosse Jerseys - $51
Lacrosse – Girls/2nd Grade - $81
Lacrosse – Girls/3rd Grade - $81
Lacrosse – Girls/4th Grade - $81
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ALL THREE POLICIES PRINTED ON THE BACK OF THIS REGISTRATION FORM MUST BE SIGNED BY A PARENT OR REGISTRATION WILL NOT BE PROCESSED.
Zero Tolerance Policy

The game will be stopped by the official when a parent, spectator, or participant displays inappropriate and/or disruptive behavior which interferes with the progress of the game. The official will identify violators to the coaches for the purpose of removing them from the spectators viewing area and/or game area. Once removed, play will resume. Lost time will not be made up and violators will be subject to further disciplinary action by the Paramus Recreation Commission. Inappropriate and disruptive behavior shall include but is not limited to: taunting, cursing, fighting, threatening physical violence, destruction of equipment and/or property. In the case of the summer playground and summer trip programs, children who do not adhere to these rules & policies will be removed from their program.

I hereby certify that by affixing my signature below, as the registrant, or as the legal guardian or parent of any child participating in the Paramus Recreation Programs, that I have read the above notice as well as the Code of Conduct that appears in this brochure.

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Notice

I hereby understand that there is an element of risk in all physical activities. I hereby agree to hold harmless and otherwise indemnify the Borough of Paramus, its agents, servants and/or representatives from any injuries, including, but not limited to, medical and hospital expenses, that either I or my child may sustain as a result of my or my child’s participation in any activity sponsored by the Borough of Paramus, unless the injuries are the result of negligence on the part of the Borough of Paramus, its agents, servants and or representatives.

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I acknowledge that I have reviewed the withdrawal dates associated with this registration period and are aware that I will be given partial credit if withdrawal from a program is made prior to the posted deadline. I also acknowledge that if I prefer a refund, that refund will include not only the eight to thirteen dollar deduction applied to all withdrawals but also a thirty five dollar processing fee.

| Signature of Registrant or Parent or Legal Guardian | Date |
PARAMUS RECREATION 475 FARVIEW AVENUE PARAMUS, N.J. 07652
(201)265-9321

Please fill out this form and please print clearly.

Registrant’s Name: _______________________________ Male or Female (please circle) Present Grade
Registrant’s Address: ________________________________________________________________
Date of Birth: __________________________ E-Mail __________________________
Father’s Name: __________________________ Home Phone Number __________________________
Mother’s Name: __________________________ Cell Phone Number __________________________
School: __________________________ Teacher __________________________
Family’s Insurance Coverage (if none that must be stated) __________________________
Service Organization __________________________ Supervisor __________________________

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Registration for Men's Lob Pitch Softball 2015
Incomplete forms will be sent back and not processed.

Section A

Name__________________________________________

Current Address

(IF A PARAMUS RESIDENT YOU MUST ATTACH A COPY OF PROOF
OF RESIDENCY OTHERWISE EXPECT YOUR APPLICATION TO BE
RETURNED UNPROCESSED)

Home Phone Number_________________________Cell Phone Number_________________________

Date of Birth___________________________________________

Insurance Coverage (if none this must be stated)______________________________

Former Residents Need to Complete Section B

Former Paramus Address__________________________________________

List Years Lived at that Residence__________________________________________

(MINIMUM OF FOUR CONSECUTIVE YEARS)

Lived with Parents – Owned the Residence – Rented the Residence
(CIRCLE THE ONE THAT APPLYS TO YOU)

If you lived with your parents, what high school did you attend and what year did you graduate?

____________________________________________________________________________

If your family moved before you were in high school, what was the last Paramus school you
attended and the last year you were in attendance in that Paramus school.

____________________________________________________________________________

If you rented, who was your landlord?

____________________________________________________________________________

(A notarized letter from the landlord stating your past residency or rent receipts/cancelled
checks must be attached to this application)

Section C

Name of Team __________________________Manager's Name __________________________

Fees – Make Check out to Paramus Recreation

Lob Pitch Resident - $61 Lob Pitch Former Resident - $76

PLEASE MAKE CERTAIN YOU READ ALL THREE STATEMENTS ON THE BACK
OF THIS REGISTRATION FORM AND SIGN ALL THREE WHERE INDICATED.
Zero Tolerance Policy

The game will be stopped by the official when a parent, spectator, or participant displays inappropriate and/or disruptive behavior which interferes with the progress of the game. The official will identify violators to the coaches for the purpose of removing them from the spectators viewing area and/or game area. Once removed, play will resume. Lost time will not be made up and violators will be subject to further disciplinary action by the Paramus Recreation Commission. Inappropriate and disruptive behavior shall include but is not limited to: taunting, cursing, fighting, threatening physical violence, destruction of equipment and/or property. In the case of the summer playground and summer trip programs, children who do not adhere to these rules & policies will be removed from their program.

I hereby certify that by affixing my signature below, as the registrant, or as the legal guardian or parent of any child participating in the Paramus Recreation Programs, that I have read the above notice as well as the Code of Conduct that appears in this brochure.

________________________________________________________________________
Signature of Registrant or Parent or Legal Guardian Date

Notice

I hereby understand that there is an element of risk in all physical activities. I hereby agree to hold harmless and otherwise indemnify the Borough of Paramus, its agents, servants and/or representatives from any injuries, including, but not limited to, medical and hospital expenses, that either I or my child may sustain as a result of my or my child’s participation in any activity sponsored by the Borough of Paramus, unless the injuries are the result of negligence on the part of the Borough of Paramus, its agents, servants and or representatives.

I hereby certify that by affixing my signature below, as the registrant, or as the legal guardian or parent of any child participating in the Paramus Recreation Programs, that I have read the above notice.

________________________________________________________________________
Signature of Registrant or Parent or Legal Guardian Date

Withdrawal/Refund Policy

I acknowledge that I have reviewed the withdrawal dates associated with this registration period and are aware that I will be given partial credit if withdrawal from a program is made prior to the posted deadline. I also acknowledge that if I prefer a refund, that refund will include not only the eight to thirteen dollar deduction applied to all withdrawals but also a thirty five dollar processing fee.

________________________________________________________________________
Signature of Registrant or Parent or Legal Guardian Date
55 years of proper tree pruning and care by the Paramus Shade Tree and Parks Commission has produced many streets like this in Paramus with nearly perfect tree canopies.

Shade Tree & Park Commission

By: Roy C. Bosroll

The Shade Tree & Parks Commission was organized in 1951. America was deep in the Korean War. Homes in Paramus were selling from $12,900.00 to $16,900.00. Car products were cut back to make war materials. Car batteries were selling for $5.88 on sale. Auto seat covers sold for $15.98. Women's wool sweaters were selling for $2.74. Loin of pork was $0.35lb. Shoulder lamb was $0.45lb. Bookkeepers were earning $45.00 a week, and Typists $40.00 a week. Men's haircuts cost $1.00. President Truman was complaining about a 70 billion-dollar budget. Joe Moser was Building Inspector for Paramus. 1,269 building permits were issued and 960 new homes were built. Hunting of rabbits and pheasants on farmlands was an every day occurrence.

It was under these conditions that Mayor Emil Geering moved to form a Shade Tree Commission. The town's population was 6,500 and land cost $1,500 an acre. He appointed Paul Hoverman, Mrs. H.C.A. Madison and Roy Bosroll to the brand new Shade Tree Commission. Paul Hoverman ran a 15-acre nursery on what is now Hemlock Drive. From the German School of Horticulture, he was knowledgeable, unbending and determined. Roy Bosroll was fresh from working with the Bergen County Extension Service. Mrs. H.C.A. Madison was an avid gardener and well known for her delphiniums. Mrs. Madison could type and her letters were masterpieces of diplomacy. She gave the Shade Tree Commission respectability.

A minimum budget was set by law - 1 mil. per dollar of taxation - $1,200.00. With no money, the Commission had to assess homeowners $10.00 for each tree planted. The tree plantings were contracted by bid to local nurseries. Strict specifications were set including a one-year guarantee. There was no direct supervision of the contractors and a hassle on replacements always occurred. Today, we have solved that problem. The Shade Tree & Parks Commission has a full time superintendent and working crew to maintain our trees and parks. They follow a year round schedule which includes a comprehensive tree maintenance program, maintenance of borough parks and municipal grounds, leaf composting, and a tree nursery.

Editors' Note: Roy C. Bosroll was an original Shade Tree & Parks Commissioner and its 2nd Chairman. He served as a Commissioner from 1951 until 1973. The Shade Tree & Parks Tree Nursery was named The Roy C. Bosroll Nursery in 1973 in recognition of Roy's years of dedicated service to the Paramus Shade Tree & Parks Commission.

Director's Message
By: William R. Comery, C.L.A.

Trees make Paramus a hometown community and add significantly to our quality of life. Trees control noise, purify air, beautify neighborhoods, cool streets and homes and help control storm water run off. They enhance the suburban atmosphere and add significantly to the overall property values in our community.

1. Give Trees a Good Start
   Plan Ahead
   Don't plant unless you plan to maintain. Choose planting sites carefully, envision the new tree at maturity. Take into consideration the house, driveway, walkway and utilities.

2. Plant Properly
   Water Thoroughly
   Don't plant new trees in undersized holes or compacted soil. Dig planting holes 1 ¾ to 2 times the width of the root ball. Plant the new tree at the same depth as it was in the nursery. Do Not fertilize or use herbicides around the tree at time of planting. Water thoroughly after planting and weekly during the first year.

3. Prune and
   Prune Correctly
   Proper pruning strengthens the tree and improves their health. Do Not apply any dressing on wounds or cuts since this interferes with the natural healing process. Keep the tree healthy and in a short time, the wound surface will blend with the tree bark.

4. Avoid the "No. 1 Disease"
   Lawnmower-Itis!
   Wounds on the bark of trees caused by lawn mowers, string trimmers and other equipment can girdle the tree and cause it to die. Open damaged bark leaves the tree at risk of attack by insects and disease. If you employ a lawn service, please make them aware of this hazard and advise them that they must exercise care when working around trees. An even bed of 2-3" of mulch around the tree protects the trees from lawn mower abuse, is attractive and is healthy for the tree.

5. Avoid the Slow Tree Killer
   Mulch Volcanoes
   The mounding of mulch and soil around the base of the tree has proven to be a slow but devastating killer of trees. Covering the root collar of the tree causes insect and diseases to grow unchecked. This will eventually smother the tree and cause it to die.

“The best friend on earth of man is the tree. When we use the tree respectfully and economically, we have one of the greatest resources of the earth.”

Frank Lloyd Wright
EMPLOYMENT OPPORTUNITIES
Applications for Summer Playground Counselors are now available at the Recreation Office or On-Line. All high school students will need working papers. All applicants must submit to a drug test.

VOLUNTEER COACHES NEEDED
Many of the youth activities offered in this brochure rely on volunteer coaches. Anyone wishing to coach any youth activity must complete both an Intent to Coach Form and an Ethics Form. All volunteer coaches must take part in and pass the Rutgers S.A.F.E.T.Y. Clinic as well as take an online Concussion Course. All candidates will be subject to a background check. Call the Recreation Office (265-9321) for additional information.

OFFICE HOURS
The Recreation Office is staffed weekdays between the hours of 8:30 a.m. & 4:30 p.m. as well as Thursday evenings between 7:00 p.m. & 8:45 p.m. The Recreation Office is not open on Thursday evenings during the months of July, August & September. With exception to March 16th & March 17th registration is only accepted during the following times: weekday afternoons between 1:00 p.m. and 4:00 p.m. and Thursday evenings between 7:00 p.m. and 8:45 p.m. Registration will not be taken during the morning hours or after 4:00 p.m.

FACEBOOK
For program updates, including weather cancellations, “like” us on Facebook at: facebook.com/paramusrec

Paramus Recreation Commission
Chairman, Bill Stallone
Vice Chair Parks, Steve Waxman
Vice Chair Programs, Tom McCrea
Dennis Arslanian
Michael Bellinger
Vince Feorenzo
Jeff Lepselter
Brian Nifand
Gary Zysman

Director, Sue Regan
Assistant Director, Robert Cowper
Council Liaison, Pat Verile

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